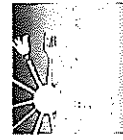


# Primary School Menu

January - March 2021



Ariwyo a Glanhu

**NEWYDD**

Catering & Cleaning

## MONDAY

Tuna Pasta Bake  
Served with sweetcorn and coleslaw.  
\*Or\*  
Mac 'N' Cheese  
Served with sweetcorn and coleslaw.  
\*Or\*  
Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
\*Or\*  
Jacket Potato & choice of Tuna Mayo, Cheese or Beans.

Pudding: & Ice Cream.

## TUESDAY

BBQ Chicken  
Served with potato wedges, peas & sweetcorn.  
\*Or\*  
Fishcake  
Served with potato wedges, peas & sweetcorn.  
\*Or\*  
Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
\*Or\*  
Jacket Potato & choice of Tuna Mayo, Cheese or Beans.

Pudding: Raspberry Sponge

## WEDNESDAY

Roast of the Day  
Served with mash and seasonal vegetables.  
\*Or\*  
Veggie Roast of the Day  
Served with mash and seasonal vegetables.  
\*Or\*  
Sandwich with choice of Ham, Tuna, Chicken or Cheese.  
\*Or\*  
Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

Pudding: Fruit Jelly.

## THURSDAY

Chicken Meatball Tomato Pasta  
Served with broccoli.  
\*Or\*  
Cheese Topped Tomato Pasta  
Served with broccoli.  
\*Or\*  
Sandwich with choice of Ham, Tuna, Chicken or Cheese.  
\*Or\*  
Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

Pudding: Fresh fruit and yoghurt.

## FRIDAY

Chicken Nuggets  
Served with chipped potatoes and veg sticks.  
\*Or\*  
Quorn Bites  
Served with chipped potatoes and veg sticks.  
\*Or\*  
Sandwich with choice of Ham, Tuna, Chicken or Cheese.  
\*Or\*  
Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

Pudding: Cooks Fruit Cup Cake.

## MONDAY

Beef Bolognese  
Served with garlic bread slice.  
\*Or\*  
Veggie Bolognese  
Served with garlic bread slice.  
\*Or\*  
Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
\*Or\*  
Jacket Potato & choice of Tuna Mayo, Cheese or Beans.

Pudding: **SHORT BREAD.**

## TUESDAY

Hot Chicken Wrap  
Served with hash brown and baked beans.  
\*Or\*  
Cheese and Vegetable Wrap Served with hash brown and baked beans.  
\*Or\*  
Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
\*Or\*  
Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

Pudding: Fruit Sponge

## WEDNESDAY

Roast of the Day  
Served with roast potatoes and seasonal veg.  
\*Or\*  
Veggie Roast of the Day  
Served with roast potatoes and seasonal veg.  
\*Or\*  
Sandwich with choice of Ham, Tuna, Chicken or Cheese.  
\*Or\*  
Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

Pudding: Fruit Flapjack.

## THURSDAY

GF Fish Fillet  
Served with mashed potato and baked beans.  
\*Or\*  
Veggie Ravioli & Tomato Sauce  
Served with mashed potato and baked beans.  
\*Or\*  
Sandwich & choice of Ham, Tuna, Chicken or Cheese.  
\*Or\*  
Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

Pudding: Fresh fruit and yoghurt.

## FRIDAY

Beef Burger  
Served with chips and vegetable sticks.  
\*Or\*  
Veggie Burger  
Served with chips and vegetable sticks.  
\*Or\*  
Sandwich with choice of Ham, Tuna, Chicken or Cheese.  
\*Or\*  
Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

Pudding: Baked Biscuit.

## MONDAY

Fish Fingers  
Served with herby diced potatoes and carrots.  
\*Or\*  
Ocean Sticks  
Served with herby diced potatoes and carrots.  
\*Or\*  
Sandwich with choice of Ham, Tuna, Chicken or Cheese.  
\*Or\*  
Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

Pudding: Muffin.

## TUESDAY

Beef Meatballs in YP and gravy Served with potato wedges, mixed salad and coleslaw.  
\*Or\*  
Veggie Meatballs in YP and gravy Served with potato wedges, mixed salad and coleslaw.  
\*Or\*  
Sandwich with choice of Ham, Tuna, Chicken or Cheese.  
\*Or\*  
Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

Pudding: Fruit Jelly & Ice Cream.

## WEDNESDAY

Roast of the Day  
Served with mash and seasonal vegetables.  
\*Or\*  
Veggie Roast of the Day  
Served with mash and seasonal vegetables.  
\*Or\*  
Sandwich with choice of Ham, Tuna, Chicken or Cheese.  
\*Or\*  
Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

Pudding: Chocolate Brownie.

## THURSDAY

Ravioli in Tomato Sauce  
Served with garlic bread slice.  
\*Or\*  
Salmon Tartelloni in Cheese Sauce Served with garlic bread slice.  
\*Or\*  
Sandwich with choice of Ham, Tuna, Chicken or Cheese.  
\*Or\*  
Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

Pudding: Reduced Fat Lemon Drizzle Cake.

## FRIDAY

Chicken Pizza  
Served with chips and veg sticks.  
\*Or\*  
Veggie Pizza  
Served with chips and veg sticks.  
\*Or\*  
Sandwich with choice of Ham, Tuna, Chicken or Cheese.  
\*Or\*  
Jacket Potato with a choice of Tuna Mayo, Cheese or Beans.

Pudding: NEWYDD . Oat Biscuit.

WEEK 1

WEEK 2

WEEK 3