

# FUTURE CHAMPIONS

## SUMMER CHALLENGE

**AUGUST**  
2021

Ages:

**4-11**



**EARN YOUR MEDAL**



**CRAFTS**



**FUN EXERCISES**

**FROM £7 PER PERSON**

For more information and to register visit our website:  
<https://www.run4wales.org/futurechampions/>

**R4W**  
NEXT GEN