



**BRISTOL CHILD PARENT SUPPORT AND
STAND NORTH WALES CIC PRESENT
AN ONLINE PARENT WORKSHOP:**

UNDERSTANDING AND MANAGING ADHD

**JOIN CATHERINE COULTER, A CLINICIAN WITH 33 YEARS OF
EXPERIENCE IN MENTAL HEALTH AND 25 YEARS IN CAMHS TO
SHARE:**

- **What is ADHD**
- **Not all Attention issues are ADHD, what else it might be**
- **ADHD and behaviour problems.**
- **Tips to help you and your child manage ADHD**

Date: Monday the 18th of November 2021.

Time: 10am-11.30am with time for questions.

Where: Zoom, you need to register with the Zoom link.

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