



Gwefan gwych yn cynnig cyngor gwerthfawr

Parent Talk Cymru



Cymorth i Rieni

Mae llawer o bwysau ar rieni ar hyn o bryd. Mae Parent Talk Cymru yn wasanaeth cyfrinachol am ddim i rieni plant 0-19 oed yng Nghymru. Gallwch gael cymorth gydag unrhyw beth sy'n eich poeni am rianta neu eich plentyn

Rydym wrth law i gefnogi rhieni, pan fyddwch ein hangen. Porwch drwy ein herthyglau ar y cwestiynau rhianta mwyaf cyffredin gan ein harbenigwyr. Neu siaradwch un-i-un gyda hyfforddwr rhianta cymwysedig am unrhyw beth sy'n eich poeni. Mae'r cyfan am ddim, ac nid oes unrhyw bwnc yn rhy fawr, bach nac annifyr.

Mae'r gwasanaeth hwn hefyd ar gael yn Gymraeg

Ymweliad: parent-talk.org.uk/wales

Yr ydym yma:

12:30-19:30 Dydd Llun
10:30-16:30 Dydd Mawrth
9:30-16:30 Dydd Mercher
12:30-19:30 Dydd Iau
09:30-16:00 Dydd Gwener





An excellent website offering valuable support

Parent Talk Cymru Parent Support



There's a lot of pressure on parents at the moment. Parent Talk Wales is a free and confidential service for parents of 0-19 year olds in Wales. You can get support with anything that's worrying you about parenting or your child.

We're on hand to support parents, when you need us. Browse our articles on the most common parenting questions from our experts. Or talk one-to-one with a qualified parenting coach about anything that's worrying you. It's all free, and no topic is too big, small, or embarrassing.

This service is also available in Welsh

Visit: parent-talk.org.uk/wales

We're here:

12:30-19:30 Monday
10:30-16:30 Tuesday
9.30-16:30 Wednesday
12:30-19:30 Thursday
09:30-16:00 Friday





Parent Talk

Down-to-earth parenting
advice you can trust

