

Challenging Behaviours: How to Prevent, Reduce & Replace

ONLINE WORKSHOP Thursday 13th January 2022

Workshop runs from 9am – 4.30pm

COSTS: £15.00 per parent / professional attending this course.

Behaviour problems are one of the most challenging issues we face with autism and other developmental disabilities.

For many behaviour challenges our first instinct is to ask “How do I get this to stop?” This question may lead to implementing short term fixes rather than developing long term solutions. At Pyramid, we recognise the importance of developing the crucial skills our learners need to actually replace unwanted behaviours with an action that is equally effective for them. Using the principles of applied behaviour analysis, we emphasise the use of systematic reinforcement and instruction in functional activities and communication skills in order to decrease the targeted behaviours. Our workshops and onsite support offer the help you need to prevent contextually inappropriate behaviours in the first place and to react systematically to reduce them when they do occur.

This highly interactive training offers strategies for navigating behaviour challenges with learners of all ages, in any environment. Using case studies and examples from your setting we begin the workshop highlighting the key concepts of applied behaviour analysis, helping you to understand why challenging behaviours occur. We discuss the importance of designing supportive learning environments based upon the Pyramid Approach to Education framework. The next step in the workshop is to define behaviours which require intervention and establish the function of these behaviours. These skills are put into practice using our own case studies and furthermore applying this to your own learners.

The second half of the workshop addresses strategies which can be used proactively and reactively to decrease the challenging behaviours which you see in your setting. As we investigate each strategy to replace or reduce a behaviour you will have the opportunity to assess if that strategy will be suitable for your learner and identify the next steps to take when you return to your setting. The workshop concludes by demonstrating how you and your team can evaluate and monitor the effectiveness of your behaviour plans as you put your new strategies into practice.

Outcomes & Key Benefits:

- Review the basic ABA principles
- Identify the elements to creating effective learning environments: The Pyramid Approach to Education®
- Identify behaviours requiring intervention
- Identify the functional control of the behaviour
- Develop a behaviour plan
- Identify how to assess the effectiveness of an intervention

For a booking form, please email Samantha@standnw.org or call 07570 583 842

