



Oes gan eich plentyn symptomau ADHD?  
Gweithdai 1:1 Workshops i rieni gyda  
Mr Alan Roberts ar 17/11/21 yn Ysgol Glanrafon  
Archebwch eich lle trwy School gateway neu Ffonio'r Ysgol  
**3 lle ar ôl**



Does your child have symptoms of ADHD?  
1:1 Workshops for parents with Mr Alan  
Roberts on 17/11/21  
Please book your slot through school  
gateway **3 spaces left**

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# Workshops at Ysgol Glanrafon with

## ALAN ROBERTS

### ADHD Specialist

Coronavirus is scary to us all but with children who have ADHD it can be more difficult to manage. Normally they cannot cope with change and many suffer with anxiety problems. Lots of parents will also be struggling to keep them occupied and unable to cope.

Since March 2020 the ADHD Advice Line has received over 1700 contacts. Due to this demand I will continue to offer support to all parents, carers, professionals, and to young people with ADHD. Also on offer is advice for adults with ADHD. I also offer advice and support regarding any transition difficulties from Primary to Secondary school.

Through Covid Guidelines I'm now able to visit venues again and offer ADHD Awareness Training sessions, including ADHD Pupil and Professional Drop-in Clinics. Please phone me for available dates.

The Advice Line is available Monday to Friday from 9am till 4pm to anyone who needs support and advice. Telephone: 07717300311.



**ALAN ROBERTS**

*BCU Neurodevelopmental Team.*