

Free Swimming Timetable 2026

For Young People Aged 16 Years And Under

In Flintshire, free junior sessions for young people are available across the five swimming pools in Buckley, Connah's Quay, Flint, Holywell and Mold throughout the year.

BUCKLEY LEISURE CENTRE (Gwella)

Call 01352 704290 or visit www.gwella.wales

SAT

1:30 - 2:30pm

CONNAH'S QUAY (Cambrian Aquatic Sports Centre)

Call 01244 956595

SAT

11:30am - 1:00pm

JADE JONES PAVILION FLINT (Gwella)

Call 01352 704301 or visit www.gwella.wales

SUN

2:00 - 3:30pm

HOLYWELL LEISURE CENTRE (Community Managed)

Call 01352 355100 or visit
www.holywellleisurecentre.com

SAT

11:30am - 12:30pm

MOLD LEISURE CENTRE (Gwella)

Call 01352 704330 or visit www.gwella.wales

SUN

10:45 - 11:45am



Llywodraeth Cymru
Welsh Government



Holywell Leisure Centre
Canolfan Hamdden Treffynnon