



Tywydd Poeth Hot weather

Gofynwn i'r disgyblion wneud y canlynol i gadw'n cwl wythnos yma:

Gwisgo gwisg ymarfer corff drwy'r wythnos

Dod a het/cap haul, potel dwr, ac eli haul

Rydym yn awgrymu rhoi enw eich plentyn ar bob eitem.

Bl.1 a 2 - Disgyblion i wisgo Crys Polo Ysgol (Coch) a shorts ar gyfer y trip Dydd Mercher



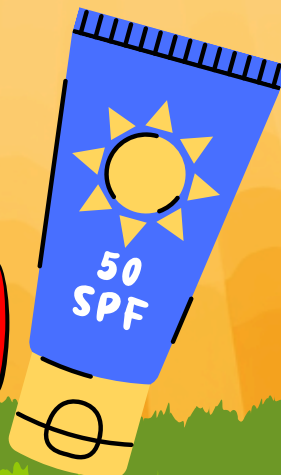
We ask the pupils to do the following to stay cool this week:

Wear PE clothes all week

Bring a sun hat, water bottle & sun cream

We suggest labelling each item with names

Year 1 & 2 - Pupils to wear school polo shirt (red) and shorts for the trip on Wednesday



Mae ffynnon ddwr yn yr Ysgol i ail-lenwi poteli

We have water fountains at the School to re-fill water bottles