

Neurodivergence and Risk-Taking Behaviours

An Interactive Training Day

Date: Thursday 22 October 2026

Time: 9.00am–3.30pm

Venue: Conwy Business Centre, Junction Way, Llandudno Junction, LL31 9XX

Cost: £30 for parents and carers | £125 for professionals

Lunch is included.

This interactive training day is suitable for parents and carers and for professionals who support neurodivergent young people and adults.

It may be particularly relevant for:

- Social workers
- Youth workers
- Substance misuse practitioners
- Teachers and education staff
- Health and social care professionals
- Family support workers
- Other practitioners working with neurodivergent individuals who may engage in risk-taking behaviours

It is widely recognised that neurodivergent people of all ages can have vulnerabilities around risk taking behaviours, which can lead to both sexual and criminal exploitation. Neurodivergent people are overrepresented in mental health and addiction services.

Why is this?

Why are neurodivergent people more vulnerable? How can we best support people?

In this interactive training session, we will explore the overlap between Neurodivergence and risk-taking behaviours, including up to date research and an examination of possible lifestyle choices with a specific focus upon Autism and/ or ADHD.

We will also examine strategies for professionals to support neurodivergent people, including, supporting and managing anxiety, executive functioning, coaching, mentoring and therapeutic interventions and support for wellbeing and self-management. and the different presentations of ADHD, including gender

This training will be delivered by the Neurodiversity Training UK

About the trainer:



Colin Foley BA, MA, PGCE is CEO of Neurodiversity Training UK and an internationally renowned speaker and training consultant. He specialises in education and neurodiversity for employers across private sector business, public services, and health and social care services.

With 25 years' experience in the education sector, including senior leadership, teacher training and as a Director of College, Colin has gained a reputation as a major influence and pioneer in the emerging paradigm of neurodiversity in education. Working extensively in international and independent schools and academies across the UK, he provides dynamic, bespoke training, evidence-based strategies and demonstrations of best practice.

Colin is a regular speaker at the TES Education Show, the Welsh Education Show and conferences across all sectors of industry and public services.

He has collaborated with a wide range of industries in the UK and internationally, including AstraZeneca, Barclays Bank, Marks & Spencer, Macquarie Bank, the Ministry of Defence, NHS, London Metropolitan Police, Crown Estates, Mubadala Hedge Fund, UK Border Force, The British Horse Society, The Football Association and Premiership teams such as Liverpool and Chelsea FC, Bakkavor Foods International and others. He has also developed training for numerous third sector organisations including the Royal Voluntary Service, ADHD Foundation, St. James's Place, The Children's Society and Action for Children.

As CEO of his consultancy, Colin leads a team of professionals providing a wide range of services across all sectors.

For a booking form please contact our Admin:

- Email: admin@standnw.org
- Call: 07570583842